

**SMILES FOR MILES: FIRST 5 CALIFORNIA LAUNCHES  
MOBILE HEALTH TOUR WITH DENTAL FOCUS**  
Hands-on Health Van Offers Health Tips,  
Games and Giveaways to Belmont Families

**WHAT:** In California, almost two-thirds of children have dental decay by the time they reach third grade. That's why First 5 California has dedicated its spring Hands-on Health tour - including a stop in San Mateo County - to educating families about healthy dental care.

In partnership with dental manufacturer Dr. Fresh, First 5 California will offer local families tips and tools to help build healthy dental habits in young children.

During the van's stop at Hobe's Restaurant, kids will receive free Dr. Fresh FireFly toothbrushes and play educational games, while parents learn how to care for their children's overall health and receive restaurant coupons.

Perfect for children age 5 and under and their families, this free touring exhibit makes it fun for families to learn about health by using storytelling, music and entertainment.

**WHEN:** Sunday, April 20th  
10 a.m. - 2 p.m.

**WHERE:** Hobe's Restaurant  
1101 Shoreway Road, Belmont, CA 94002