



**East Palo Alto Senior Center**  
Special Events for September 2006

550 Bell Street  
East Palo Alto, CA 94303  
650-853-3139

**Free Continental Breakfast** (coffee, fruit and pastry) Mondays, Tuesdays, Wednesdays & Fridays 9:00-10:00 a.m.

**Produce Market** Fridays 1:30-3:00 p.m. Fresh produce at near wholesale prices. Closed Friday, September 8, for City of East Palo Alto work furlough day.

**Brown Bag Program** For eligible persons Thursdays 9:00-11:30 a.m. Distribution in the East Palo Alto Community Church parking lot, 2201 University at Bell.

**Hot Country Breakfast** Thursdays 8:30-10:00 a.m. Eggs, sausage, the works. Suggested donation: \$2.75 for seniors, \$3.75 for non-seniors.

**Computer Skills for the Absolute Beginner (seniors only)** Wednesdays 10:00-11:00 a.m.

**Bridge Class** For beginning, intermediate and expert players. Tuesdays, Wednesdays & Fridays 10:00-11:00 a.m.

**Free Blood Pressure Screening** Thursday, September 21, 9:30-11:00 a.m.

**Bingo** Thursdays 12:45-2:00 p.m.

**Reading Class** Given by Project Read with the San Mateo Country Library System, Tuesdays 1:00-2:00 p.m.

**Bible Study** Tuesdays 10:00-11:00 a.m.

**Senior Game Day** Mondays and Thursdays 12:45-1:45 p.m.

**Tai Chi Class** Wednesday September 6, 10:00-11:00 a.m.

**Senior Club** Wednesdays 1:00-2:00 p.m.

**Dominos** Mondays 10:30-11:30, Tuesday & Fridays 2:00-3:00 pm.

**Active for Life Presentation** For adults 50 years old and older 11:00-11:45 p.m.